

# Pemberton Valley Men's Shed

## PVMS - What's the Men's Shed?

"The Men's Shed has formed as a fellowship of men from the Pemberton Valley Senior's Society who have come together to create both a social space and take on initiatives that can be shared with the Society and the people of Pemberton, *with the express goal to enjoying ourselves in the process!*"

## PVMS - Why the Men's Shed:

Amongst the senior men in society there is a strong tendency to become isolated, lonely and depressed, leading to higher rates of suicide than most other groups.

The PVSS (Seniors Society) has undertaken to develop this entity as a sub-group within PVSS, and has acquired a number of government grants to help start this initiative.

The Men's Shed concept has origins in Australia, migrated to the United Kingdom, and is now here in Canada. Where adopted, "Men's Sheds" have subsequently become neighbourhood centres of activity for senior men.

## PVMS – Where are we at:

We have defined our "Vision" - see "What's the Men's Shed" text above.

We have a committee with at least a preliminary set of roles and responsibilities, see attached diagram.

Initially, we plan to use the free access to the Youth/Senior Rec facility, once a week one Wednesdays, for a board meeting and general get together drop-in social activity time between 11:00am – 3:00pm.

We plan to take a booth at the Farmers Market each week, promoting the concept of the Men's shed, selling bird boxes....., sharpening knives .....

We plan to build Book Boxes for the library initiative to provide "Bring one take one!" book sharing within the Pemberton Valley district.

We plan to open a tool lending library on the U-Haul site on Hwy 99 – where we are hosting a grand opening barbeque lunch Saturday, 16<sup>th</sup> May.

## PVSS vs PVMS

The Men's Shed has been setup as a sub-group within PVSS, and as such operates with the support of the PVSS parent group. However, this raised some potential issues we would like to cut-off at the pass:

1. At least for the time being we feel it would be best that we each have a representative on each other's boards to ensure good communication and cooperation between the two groups. For example, during our last meeting the idea of John Corrigan and Jim Loucks hosting a 50+ Jam session was seriously considered, however, the consensus was that an initiative like this should really be for the PVSS membership at large. It will almost certainly happen the other way around where PVSS have an idea for PVMS, so in a cases like this it would be up to the board members to present the idea to the appropriate group.
2. The Accounting for the PVMS be done separately from that of the PVSS. Hence we would recommend that PVMS have it's own treasurer, and bank account to help ensure the financial situation for each group is kept distinct.